

FINAL CUT CHEAT SHEET

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■ = most used

Playback Keys

J	Rewind (tap multiple for faster RW)
K	Play / Stop
L	Fast Forward (tap multiple for faster FW)
Spacebar	Play / Stop
Shift+\	Play Between In and Out Points

Editing Keys

i	Mark In Point
o	Mark Out Point
Command+F9	Drop Clip to Timeline at Cursor
Backspace	Delete Selected from Timeline
Delete	Ripple Delete Selected from Timeline
Shift+Right Arrow	Jump Forward 1 Second
Shift+Left Arrow	Jump Back 1 Second
M	Make Marker
MM	Make Marker and Edit Marker Settings
Shift+Up Arrow	Jump to Previous Marker
Shift+Down Arrow	Jump to Next Marker
Up Arrow	Jump to Previous Edit
Down Arrow	Jump to Next Edit
Command+T	Video Transition Default
Command+Option+T	Audio Transition Default
Command+L	Link / Unlink Selected Video and Audio
Shift+L	Video and Audio Linking Toggle On/Off

Tool Keys

A	Arrow Tool
C	Crop Tool (be careful when using this)
B	Razor Blade / Cut Tool
BB	Razor Blad / Cut Through Entire Timeline
N	Snapping Toggle On/Off
Z	Zoom In/Out (press multiple for + or -)
T	Select Track Forward Tool
TT	Select Track Backward Tool
TTTT	Select All Tracks Forward Tool
TTTTT	Select All Tracks Backward Tool
S	Slip Tool (very useful sometimes...)
R	Roll Tool (very useful sometimes...)

Copy Paste

Command+C	Copy & Copy Attributes
Command+X	Cut (removes & adds to clipboard)
Command+V	Paste Over
Shift+V	Paste & Shift Content Over
Option+V	Paste Attributes From Another Clip

Change Views

Command+1	Show Viewer Window
Command+2	Show Canvas Window
Command+3	Show Timeline
Command+4	Show Browser
Command+5	Show Effects
Command+6	Show Favorites

Capture / Settings

Command+8	Log & Capture
Command+0	Timeline / Sequence Settings
Command+J	Adjust Clip Speed
Option+F12	Use if video camera is not connecting.

Timeline

Option+W	Show Clip Level Adjustment "Overlays"
Command+Option+W	Turn On/Off Audio Waveform

Render

Command+R	Render Both Audio & Video - Selected Clip
Option+R	Render All Both Audio & Video - Entire Timeline
Sequence > Render	Sets what gets rendered for Render Both
Sequence > Render All	Sets what gets rendered for Render All

Life Savers

Command+Z	Undo
Command+Shift+Z	Redo
Option+X	Clear In and Out

Proper Sequence Settings

Every time you start a new timeline/sequence ALWAYS make sure that you have your timeline/sequence settings properly configured for the video format you are importing into your timeline.

Command+0
or
Sequence > Settings

If you would prefer Final Cut auto configure based upon your footage got to...

Option+Q
or
Final Cut Pro (in menu bar) > User Preferences > Check Box > "Prompt for Settings on New Sequence"

Export Full-Res QT File

This will export a video file equivalent to your timeline settings which is Full Res given that you configured your timeline properly. This is always your first step in exporting a video, even if it needs to be compressed for another format or web.

1. Click on timeline to be exported
2. File > Export > Quicktime Movie
3. Setting: Current Settings
4. Include: Audio and Video
5. Markers: (choose appropriate to need)
6. Check Make Movie Self-Contained
7. Save

Compressor: Web Upload

Once you've exported your Full-Res above you can use that file in compressor to optimize your video for youtube, vimeo, or other web formats.

1. Open Compressor
2. Drag the full-res video file into the main drop window
3. Use the Vimeo HD preset. If you do not already have it you can download it here: <http://media-sprout.com/compressor-settings-vimeo>

Compressor: DVD

Once you've exported your Full-Res above you can use that file in compressor to optimize your video for use in a DVD.

1. Open Compressor
2. Drag the full-res video file into the main drop window
3. Under settings choose Apple > DVD > Best Quality 90 minutes > drag folder ontop of the video file in the drop window.
4. Click Submit to start the compressions
5. Click Batch Monitor to watch the progress

The resulting files will be a single .ac3 file which holds the videos audio and a single .m2v file which holds the video. These can be used directly in DVD Studio Pro to make a DVD.